



## DEATH AND SALVATION

To me, death means the disintegration of body. We can say that some precious, some divine, invisible, indefinable and subtle power left the body. It is the beginning of disintegration of body. The divine power is recognised as a *prana* (vital energy). **The Indian scriptures says that the whole body is combination of five elements i.e. fire, water, wind, earth and ether; five senses i.e. shabda, sparsha, roopa, ras and gandha; five karmendriya, five tanmatra, and mind, intellect, chitta and ego.** When the fraction of supreme power enters in these elements, then it is activated and creates variations in world, this power is recognised as soul. It is mysterious and works in our body secretly.

When all these things are going to be disintegrated we can recognise that condition as death.

There is no death. It is only an occasion when your body and mind leave all sensation and power permanently. When your whole body becomes useless, that moment, people call death.

Declaration of death declares indirectly that the body is meaningless, useless and worthless thing. It should be disposed off. People understand this declaration and then they properly dispose off the dead body according to the particular tradition without any objection.

According to Ayurveda there are five types of *vayu* (wind), which are working in our body. These are

1. *Apan*
2. *Saman*
3. *Prana*
4. *Udana*
5. *Vyana*

The place of *apana* is rectum, it controls the excretory system. The wind *samana* stays in pancreas, it controls the digestive system. The wind *prana* dwells in heart and it keeps heart alive. The wind *udana* is located in throat, it is related with voice. The wind *vyana* circulates in whole body and due to this our blood circulatory system works easily and properly.

The divine power which keeps our body alive, it is also recognised as *prana*.

We have seen; *prana* stays in our heart according to Sharangadhara Samhinta. When doctors consider the conditions as heart fail, it is death. Means the *prana* has gone.

According to my studies, heart supplies blood to whole body. Due to the activeness of wind *vyana* and wind *prana* constantly gives power to heart. But when *prana* stops its work, heart can not pump. It becomes helpless and permanent inactiveness of heart is called heart failure. According to the science it is one of the causes of death.

According to Yoga Shastra, heart is the subtle place of *shushumna nadi*, it is the cord of nerves. It is main cord of human body. It is directly connected with heart and brain. The modern science recognises it as spinal cord. This cord has six *chakraas (plexus)*.

1. Mooladhara chakra (pelvic plexus) – It is placed between anus and penis.
2. Swadhisthana chakra (epigastric plexus) – It is placed in front of penis.
3. Manipurak chakra (hypogestric plexus) – It is placed in the spine opposite to the region of naval.
4. Anahata chakra (cardiac plexus) – It is placed in front of heart.
5. Vishudha chakra (carotid plexus) – It is placed in place of throat.
6. Ajna chakra (medulla plexus) – It is located between the eyebrow is brahmanadi, this Bhrama Nadi is passing through the spine.

These *chakras* are the points of life as well as death. This cord supplies sensations to entire body. When *prana* stops its work, heart is affected then *shushumna nadi* (spinal cord) is afflicted. Due to the affliction of *shushumna*, the *anahata chakra* (cardiac plexus) gets damaged, and it becomes the cause of death.

When wind *prana* stops its work or come out from body then the function of other winds gets disturbed. This disturbance creates the scarcity of oxygen. It affects the circulatory system and respiratory system. Due to the scarcity of oxygen brain can't get proper blood and this way one after the other work of all vital organs is stopped. And body leaves its liveliness, people call it death.

Then the people accept that this body is worthless. They dispose it off and the time of disposition other parts of the body also dissolves in the existence. As wind with wind, earth with earth, ether with ether, water with water and fire with fire. That is why I say the death means disintegration of body.

Generally, after checking of the dead body physicians used to write in death certificate, 'entire body is rigid.' Means there is no liveliness in the body, no movement, and no response. Rigidity of body is considered as main cause of death. But our Vedas and Upanishads don't accept this condition of our body as death.

I say, that if you want to die completely then you have to reach to salvation.

Until you do not attain the state of salvation you can't die fully. I never believe in ordinary or partial death. I like natural and complete death. I inspire you for that. It is salvation. In fact, there is no death; there is only pure liberation to be free from all bondages, all desires, all pain and even bondages of body.

**You are a separate entity, even though subtly connected with the supreme power. You have become separated from that. You are the part of super natural power. The power, working with the revolving of earth, light of sun, coolness of moon, shining of stars, steadiness of sky and waves of ocean; by the same power your existence is also managed.**

Upanishads says,

*Na jayatae mriyateva .....* (Complete the verse and give name of Upanishad) (See from nitya patha of sadhakas or deeksha)

That power is universe. We recognise it as the spirit or pure absolute. It is never born, it will never die, and it is beyond decomposition, eternal and primeval. Nobody can kill it. Yes! Your body can be killed but it is not complete death.

But people could not understand the meaning of Upanishad. Upanishad wants to make you free from fear of death. It tries to make you understand that nobody can give you death.

Human nature believes in doing half, e.g. like half dish, half tea, half lunch, half ticket, half pent and for half death. Such type of death can not brought you to salvation. Incomplete death is the sign of incomplete life.

Buddha, Mahaveera, Ram and Krishna had a perfect experience and satisfaction of complete life. That's why they could enter in the state of salvation easily.

Yogi Bharat, Shukdeva, Astavakra etc. had complete understanding about human life. That's why they could achieve the state of salvation.

Correct understanding about worldly things can create the state beyond desire in you. The experience of complete life gives you complete satisfaction. By this satisfaction and with correct understanding you can reach the state of beyond desire because your all desires are already completed. Now you have reached a stage, there is no desire for any new desire, at this stage you are *videhee* with body.

*Videhee* means 'bodiless', it is a spiritual term. One who live with body but there is no bondage of body, is *videhee*. In this stage body is there but you wear it as a cloth not as skin. Body is there but there are no demands, desires and no close attachment with body. In this stage body will follow you;

you don't have to follow body. It is the state of salvation, where there are no bondages of body. It can not disturb you. It can not give you pain. You are not longing to have worldly satisfaction. There is no need to be free from it, no need to cling with it. I say this condition is the state of *maha mrityu*. This way death beyond death is salvation.

Now, there remain only the pure absolute in certain form. It is the part of universal power, which is perfect, delighted and never ending.

*Om purna madaha..... (complete it)*

The drop of water outside the ocean remains as water. Suppose it is evaporated it remains water in transformed form. Even if it meets again to its origin even it remains water. This way the power of absolute remains in its original form; let it be individual or existential.

Before the disintegration of body that power dwells in body as a separate entity 'jeeva'. After the disintegration of body, when meets with all pervasive power it is called Shiva. Gautam Buddha has used two words for these two stages of soul. First is *nirvana*, and second is *parinirvana*. These are the states of salvation and super salvation. In this stage, physical death becomes meaningless in one sense and meaningful in other sense. The achiever is benefited in both ways.

People like salvation. But they don't like death. People talk about salvation but can't dare to die. Guru Gorakhanath has said, '*maro O Jogi maro.*' Means if you want to enjoy the state of salvation first develop the skill of dieing properly.

Every body is eager to know about death. Everybody is interested to collect more and more details about death. They used to enquire about dead person that how he died. They liked discuss about death or others death. But, they are not ready to die.

In fact, death or salvation is not subject to discuss. Not the subject of logic. Not the subject of philosophy. It should be experienced existentially.

But, people like only theory not practical. Death and salvation both are difficult to put in practice. It demands your total energy, efforts and awareness.

People are afraid of death due to worldly attraction and attachment. Their desires increase day by day. Salvation is a state beyond desire. But, people don't want to leave their desire. That's why they leave the matter of salvation on future and after death. But, future never becomes a present of them. It remains always future, only hope like mirage. A deer is better than human being, at least it run after mirage but, human being keeps only hope for salvation but don't do effort so that the fact of salvation remains only mirage for them. Deer run after even mirage because its thirst is genuine but human being escapes from salvation. He is cunning, he cheats himself. It is his escaping; there is no real thirst of salvation in his heart.

After death, who will go after dead person to see that he is in heaven or hell? Did he go for new birth or in salvation? Everybody's relatives talk in mourn assembly that his father or mother or anybody went to realm of God or *Golok*, or *kailash* or *akshardhama*.

If the door of God is open only for dead so the realm of God is not remain divine place but it becomes only cremation ground. There may not be any delight or happiness or divinity. If God ask me for his place, I will deny for such place. Our earth is far better than such realm of God. At least, we can find here some live and jolly people.

The realm of God, if we get at the cost of life then it is also meaningless. The life is more precious than anything, if you have art and capacity to use it and live it proper way and perfectly.

People are cunning. They don't want to do anything except talking. They like to remain drowsy, lazy and inactive in the path of salvation. They don't like to keep awake, they feel safe in sleep. An awakening is the starting of struggle and it is end of struggle also.

They like dream and like to remain in dreamy condition. They don't want to open their eyes. They don't like to encounter truth. The reaching of the state of salvation demands constant awareness, consciousness, integrity, conviction, commitment with you and spiritual efforts.

But people find easiest way for everything. They like shortcut in everyway but some shortcut prove finally longer. They found the way of illusion for salvation. They don't want to become aware. They don't want to see the life and world with the vision of truth. They use the shortcut as a charity, worshipping and rituals etc. They believe that by all these means they will reach the salvation without transformation of them. These shortcuts are suggested by some hypocrites, some sellers of religion and so called *dharma guru*.

Under the effect of those preaching, they believe and decided that person get salvation after death and charity etc. help them for salvation.

This hypocrisy and spreading of illusion, keeps people non aware during their whole life. After death they are helpless. Throughout the life one remains merged in passion and longing for worldly things then how can he become free from all attachments suddenly? How can a bounded person become free with bondages?

A question may arise in your mind that after physical death, who remains for attachment? But, there are so many things remains even after death. According to Indian philosophy there are three types of bodies-*sthola*, *shukshma* and *karana*. *Sukshma* means subtle, it is soul or pure absolute. *Sthole* means physical body, it is disposed after death. *Karana sharer* means the reason of body remains as it is subtly in existence, on the account of attachment with world.

There are some other opinions of some scholars about body. According to them there are seven types of body –

- 1. physical body**
- 2. mental body**
- 3. cosmic body**
- 4. etheric body**
- 5. spiritual body**
- 6. body less body**

## 7. ....

At the time of death one leaves only physical body but other six types are remains in existence subtly.

These are all recognised as *karana sharer*. Due to worldly attachment these bodies wander in space, in search of completion of their *vasana* (incomplete desire). When they get a chance or possibility to take new form, at once they enter in the appropriate womb, take birth and again start to live worldly life. One, who is not eager for salvation, is also not aware of the vicious cycle of birth and death. His travelling remains endless. He never makes himself free from the ocean of birth and death. That's why Hindu mythology has narrated 84 lakhs species. One gets the form from it according to his desires.

All religious books accept that the birth in human kind is best. He is fortunate who is born as a human being. Why is it so? Because of only human kind can do spiritual effort for salvation; only human being can reach to the enlightened state. He is given special gift for this thinking by nature. Only human being has concept of salvation. Only he has concept that one has to be free from the pain of birth and death.

The thought of salvation is not only belief. When our enlightened seers say about salvation, admire this path and state, and they have spent their whole life for the spiritual uplifting of them and society, then definitely there is some fact in it.

They thought we have to think that some mysterious power works behind this existence. The same power works with us. We have called that soul, spirit or absolute. It is our real form, we are that. When there is route to come in body or world then there must be root of to be free from all these. There should be some perfection, where you can dissolve your original form permanently with it.

Patanjali called that the method of *prati prasava* – go to reverse. One by one layers, bondages and curtain of vices, deeds and illusions will drop and you become free from worldly attraction and attachment.

Gautam Buddha called it *mahabhiniskramana*.

Hindu mythology recognises that stage as *sanyas*.

Jain scriptures called that the stage of *parivrajaka*.

Muslims called that *fakiri* and Christians called mounkery.

In fact, the goal is same of all. Theory and names are different but concept is the same.

My purpose is to make you understand that one can not achieve the state of salvation after death. Immediately come out from this misconception. There is no relation between death and salvation.

Salvation needs the death of all desires not the death of body.

Body always follows mind and intellect. It is simple philosophy. When you understand this truth, you start to see your inner world. It is the first step of spirituality. When you start to see your inner world, then many things start to clear automatically.

Now, very first time you begin to understand yourself, due to your internal study, your mind, your whole structure, your ego, your ignorance, your illusion etc. Your inner power gives an extraordinary vision, due to that one by one your weaknesses, your prejudices, your grudges, your negativity, your vices, and your habits come to the front of your eye.

In this stage you feel that your condition is piteous, you were ignorant about your garbage; which is already filled in you. Suddenly, you become aware of it but still you can't do anything, you look the condition is terrific. All your beliefs about you which were given by other people then you also accept it. But your effort to see within yourself makes you open totally. You will find out that there are many horrible or beautiful things in you.

Very first time in your life, all your concepts were demolished. You feel that you are hopeless, you are totally wrong. You have been living your life as hypocrites. Even today also it is there. But now it is enough. In this condition, if you are genuine you start to seek for spiritual health. If this happens in your life then you are really fortunate.

There are many questions arises in your mind in this condition like who am I? For what, I am here? What is the motto of my life? What is the meaning of life? What is death? Do we really die, by physical death? What is salvation? How can I get salvation? ....etc.

These questions are brought answered to you one by one and step by step. You feel that you are growing up. You understand some truth. You are getting some rays of light. You are helped by existence, you are going for purification, you are going to be liberated from many worthless things, and many precious and divine things are blossoming in you it is beyond description. Your desires are going to disappear gradually. You are going to be free from vices. Your virtues are coming out itself. You are living qualitative life. You are going to be free from fear of death. If you do anything now but it can not become bondage for you because you have become free from the feeling of act (*Karta bhava*). Now you perform everything as a witness. That is why any act can not be bondage for you. Now activities of life are only remains like sport for you. You are going to enter in the state of enlightenment and you feel that the salvation is at your door step. You never need to go find it anywhere. This stage is one type of complete death as well as salvation.

Many people ask me, 'What is death?'

To me, any readymade answer cannot help you in this matter. You have to take some experience about those mysterious things. There are so many secrete on the earth. You can experience these secrets. But people understand only the language of words. Some secretes of nature is understood by silence, by seeing, by smelling, by touching, by feeling, by experiencing, by smiling, by weeping and there are many other indications.

Some subjects are there which are only for experience not for explanations. Sometime every explanation and expression also remains incomplete because some thing may be beyond word. It is only for experience.

Truth is that, people are not interested in death but they are only interested in life. In fact, not in real life because of the lack of understanding of real life but they are interested in only worldly enjoyment. Whatever they accumulate during their life they don't want to leave it. They are not prepared to leave their body. The physical body is media of enjoying many things. When body is not able to enjoy things but it is there, then mind keeps possession on things, on family, on body it enjoys to dominating on things, to order, to possess. They get power or temporary satisfaction from mental and physical possession. When they seem that they have to die when time will come, they are afraid because of fear of leaving the accumulated things from whole life.

Person is attached with things and many relationships in the name of family, duty, love, responsibility etc. They want to cling with life with these excuses. That is why even with the thought of death people tremble.

To me, there are three main reasons for fear of death of people –

1. Attachment
2. Anxiety
3. Possession.

### **Attachment**

Attachment with body, things and surrounding circle are the main reasons for the fear of death. An ordinary man is connected with others due to emotions, need, love, company and the feeling of safety. When you think about your death or death of your nearest person, you are frightened.

Death makes you detached with all. If you are dependent on any person and suppose he dies then you become helpless. That is why you are afraid of death of your nearest person. Regarding the need and the feeling of safety, it is selfishness; but for common people it is social need, they are right in the sense of social convenience and arrangement, people help each other and in this way society remains in order. They are right. We can't expect more from ordinary person and the world is full of ordinary people. Wise and enlighten persons are rare on earth.

Man is a social animal. General people are use to live like an animal, they used to live in crowd, they can't live in their loneliness, they always find company either good or bad. But, they are not able to live with him-self. They have no understanding of the fragrance of aloneness. Social company is psychological demand of society because people used for company even before birth. First of all, womb and feelings of mother keep you safe, then mother, then family members and society, then school, colleges, friends, colleges and others. This way man is habituated for support. Some people remain happy even with the company of dog, parrot, cow etc. due to the habit and non ability to live lonely.

There is nothing wrong emotionally but this habit and emotions become bondage in spiritual way. Who wants to remain attach with world, they never think about aloneness. They are totally ignorant about inner world; they have no experience of internal peace. They tremble even by the thought of peace. Noise and word are inevitable part of their life. They can

talk with dog, with parrot but can't remain silent. They are deceiving themselves, they are not aware about their internal peace and happiness. All happiness depends upon others. Such people are worried about their death or death of their companions due to need of company and attachment.

Sometimes some people are afraid of death of their spouse due to their physical and emotional need. Many societies of many countries do not allow sexual freedom. In this condition marriage system is useful. There are many drawbacks and advantages also in marriage system. But, here we discuss about only its usefulness.

However, ordinary men or women who are not able to go beyond sexual demand, generally they don't bear the death of their life partner because their better half fulfils their sexual demand as well as womanly or manly feeling also.

They are afraid of narrow mindedness of society, rules and regulation of society, and criticism of society. The whole society bondage by their own decided rules and regulations. That is why it never tolerates freedom of one which is from that society.

To me, marriage life is not bad but love must be there. When marriage becomes bondage it looks ugly. Marriage life fulfils the humanly needs. But, need not understands any system, any rule, any law or any principle. Need understands an only law and it is law of need. It can not be destroyed before death because everybody is bound by need. It is basic truth and cause of human's life.

Some enlightened person can overcome their need. But in this case their need is transformed, not remain suppressed, because they never contemplate on their need. But, contemplate on the state of beyond need. I wish that this stage come during your life. If it happens then it is the attainment of salvation for you during your life and your death will also become salvation.

But, ordinary people suffer whole life for their need; they can't think to live lonely. The loneliness is looked more dangerous than death. They think that society will not allow them for their demand of love. Then how they will pass their remaining life? And that is why they are afraid of death.

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## **Anxiety**

Sometime the responsibility of very old or very young member makes you anxious. Due to feeling to them you think that suppose something happens wrong with you then who will take care of them? But you forget that whole existence is there as it is from millions of years. Who have been taking care of it? Who takes care of entire world? He will take care of you and others also. But, due to the lack of faith, trust and surrender you can not think in this way and then you suffer. When you leave your all responsibilities on existence then you are really a spiritual person. It is the corridor of salvation. You can open the door of salvation or keep it close; key is in your

hand. You must open the door. When you put all worries in the hand of God, you become free immediately from burden and stress. You feel light hearted. You get peace. This peace brings you towards meditation, dance, songs and delight. All these beautiful things make you more and more fearless courageous and powerful. Gradually, you become totally free from fear of death. Then death will come but it can't make you dead. This way the death with awareness brings you to salvation. If you are ready to leave even yourself on existence then no need to be afraid of death. I want, you learn this skill.

### **Possession**

'I' and 'mine' are two very serious diseases of human kind. Nobody can save himself from these, except an enlightened person. Due to illusion a person believes that the accumulating things belong to them. But they forget that there is no way of permanent ownership on earth. Even you are not permanent owner of your body. You are just living in it. When time comes you have to leave it. Nobody can claim for ownership on it permanently. Death snatches everything from you except your peace, your awareness, your understanding and your wisdom. And all these qualities will bring you to salvation.

But ordinary people have no concern with salvation. Only wise persons are always ready for death because they understand that 'mine' and 'I' both are ultimately meaningless. Ego and things both are already caught by death by birth. Right from birth, you are going towards death subtly and you can see this process. Generally this process come to know at last moment of life but it happens at later stage then you have no time to improve your mistakes, there is no time left to become aware of, no time to gain wisdom, no time to free yourself from attachment and no time for good deeds.

At the time of death suddenly you come to know that the things which are in your possession you have to leave all these. You see that you are going to loose the bet you have won and you are helpless that is why people cry, mourn but now it is worthless. You are very late, you have to go.

You have to understand that your internal emptiness push you to collect many things and keep possession on those things and persons. You try to fill yourself with things and the power of possession but in fact it is foolishness, it is worthless. Here nobody can possess anything permanently.

Don't have feelings of possession on anything. To possess something is not wrong, but the attachment for that possession is bad. Enjoy everything, live richly with everybody. Enjoy riches there is nothing like hatred in the world of God. But, don't be possessive. If you try to possess anything forcefully it becomes poisonous. Due to possessive nature your heaven may become hell for you.

Remember! When you don't possess anything then what death will snatch from you? This understanding makes you mature spiritually. You become free from tension of possession with correct understanding and this understanding gives you such power that you will not be afraid of death. It is the beginning of divine life and right path towards salvation.

In fact death is a wonderful experience. My every sadhakas have to be prepare for this wonderful moment.

Generally, at the time of death person goes to unconscious stage or coma condition for some minutes, for some hours, for some days or years. Generally, this happens due to the fear of death or pain of body or disturbances of any system of body.

If your will is powerful, if you are really spiritual person, if you are guided by proper *guru* and really you are eager to know the mystery of death then you can see the moment of death clearly with your consciousness.

According to many spiritual opinion of some enlightened person – ‘if you die consciously means you can see the process of your death or the process of going out of your vital energy step by step without fear then you can enter directly in the state of salvation. The cycle of birth and death permanently stops for you.’

Hindu scriptures say that you have to take birth according to your last desire of last moment means the desire of the time of death becomes decisive for your next birth. You have to go for the birth according to your last desire.

It is very simple to understand that when desire is there at the time of death means you are desirous for something means you are not with you. You are wondering somewhere. You are finding something. You are not aware that the point of death, it will become decisive for you, it is precious and beyond to recollect. You are not fully conscious you have suffered a lot during your life. Even though you want something because you are deluded by illusion, you are uncontented, you want more and more and more.

Your wanting even on death time shows that you are not satisfied with your past life. When your concentration is for some other at the time of death then naturally you can't concentrate on your pure form. When you are really aware, fully conscious and fully satisfied, then only you can concentrate your entire power on your pure form without any fear at the time of death.

Remember! At the time of death, due to any reason before going in unconscious condition, you have to be aware about your real form. Once you consciously concentrate on your true form without any thought and in this thoughtless and self-remembering condition, suppose you become unconscious and death come, it can't harm you.

Bhagwan Bhuddha has said that a good deed which is done with integrity can destroy all your sins.

To me, the act of self remembering is the best of all good deeds. A human being performs many good deeds, but he forgets himself. He forgets about his real form, his pure form. That is why even good deed also becomes bondages for him, due to the feeling of doer, means, “I am doing this”. In fact, you are only a media; you are only tool in the hands of God. Good or bad things happen through you, but you are not real doer. Real doer is someone else. He is doing his work invisibly.

But due to your ignorance, you suffer from the feeling of doer. This feeling throws you for rebirth. **If you cling to the things, the things also cling to you.**

**That is why Bhagwat Gita says,-**

**Karmanya .. . . . .**

The performing of act is your right and duty because of your existence is here to do something. But after all you are only a mean to the God. The God is final authority. When you consider yourself as a doer then the tag of pain or pleasure comes along with this feeling. Then ego arises in your mind and struggle become endless.

That is why Shri Krishna said that the performing of work or deed is your right but don't expect its fruit because the feeling of doer makes you greedy to enjoy the fruit of your deeds. The temptation of fruit don't remain, only media exists there, or the state of witnessing. The desire of getting fruit makes your mind deteriorated and this way the deterioration of mind creates bounding for you.

Do things without the feeling of doer and remain witness in the matter of fruit - it is the first step towards salvation. But it demands complete awareness.

The path of awareness is very long, but the moment of awakening happens suddenly. If this moment comes during your life time then according to Buddha your all bad deeds are destroyed.

The question may arise in your mind that one good deed, how can dissolve all bad deeds? This is the fun of spiritual philosophy. The moment you transformed and start to behave as witness means when you become free from the feeling of doer immediately all your deeds have had happened your past. Now you have only present. Now you have become *dwija*. It is new birth for you without the pain of womb and birth. Now there is no connection of your mind with the deeds of your past. If doer died then who will remain for fruit or punishment? You become free from all bondages. Let people recognise you as same person but you are not there now. All your deeds and its fruits can't touch now. This same thing had happened in the life of looter Valia and in the life of Angulimal and others.

The purpose of Lord Krishna was this. He has tried to make aware world through the dialogue of himself and Arjuna. Arjuna is a symbol of ignorant and worldly attached person. He is deluded and confused. Krishna made him aware and awakened. But, people started to worship Gita as only a religious book. It remains only to swear in Indian court. People have been misusing it and the very purpose of preaching Gita is defeated.

Gautam Buddha has said same thing in different way. He inspired you to turn in the path of awareness. He removes your fear of your heart of bad deeds. He tries to bring you only in present. And makes you prepare to remain always in present. Words and methods of Krishna and Buddha seem different but the truth is same. When you become fearless means you become free from guilty conscious, then your inner power goes to increase and this is the duty of real sage.

To me, he is the real incarnation of God who makes people aware and converts the world as beautiful creation. The real sage or spiritual person can not see you in the stage of ignorance. He never takes any advantage from your ignorance, your fear, your guilty conscious, or your illusion. He brings you out from all illusion and all doubts. The company of real religious person gives you fearless, fragrant and understanding life. He makes you like him. A philosopher stone converts the peace of iron as gold but it can't convert that peace as a philosopher stone. But real spiritual person can transforms you like him.

If you have become aware then there is no fear of death. If there is the fear of death in your heart means you are afraid of your deeds. Which are committed unconsciously by you. The fear of deeds creates the fear of hell in your heart because you believe, "I am the doer." "All deeds are done by me." "I am responsible for all deeds." "I will have to bear the fruit of those deeds, in this life or after death."

But, when you become aware you reach the state of witnessing then every past and every future destroy. There is only present now. There is no doer, no sufferer, no attachment, no attraction. That is why now there is no fear to detach from anything, no fear of death and longing for life. In such stage, if death comes then you can remain aware up to your last breath without any fear or attachment. You can leave your body consciously and at a moment you become free from all bondages. This way your death becomes your salvation.

Suppose, death is far, you are living your life witness-fully. Though, you are already dead. This death is voluntary. You live in the state of enlightenment. You live beyond attachment and aversion, pain and pleasure, 'mine and yours', foe and friend, and birth and death. Your all wishes, all attractions, all your plans and future, and whole past have died.

To me, it is great and real death.

A common death is not perfect or complete death. But, the death of all bondages is real death. It is the state of salvation. You can get it during your life. There is no need of physical death. The body is not obstacle. If it is there then good, if not then also it is good. When you are aware fully, you remain only witness of the world. You are steady within you. Then you enjoy only with your real form with your God. You see the world as a dream, or the play of God. Even you do something you take it as a play or sport and death becomes for you as a last door of super salvation. The death helps you to be freed from body and this way due to the death a last and natural bonding of body is released. That is why I say that death is a wonderful experience. You must have this experience before physical death.

Suppose you are not able to achieve to the state of enlightenment now. But, you are eager for this state then you are in process. You are beginner; you are in practice though it is useful to you. Any good practice never go in vain. Death is like darkness of early morning. It is like the last part of night, the last part of night looks darker, but it is the beginning of the morning, the beginning of light. The time of early morning, let it look dark but

not horrible or avoidable. It is pure and pious. It is the time of the arising of new rays of sun. It is the beginning of new day, new life and new energy. In the similar way, the death of body also gives you a chance for new life, new body and new thinking. This chance is given by existence. Once again you can start your incomplete spiritual journey, the body is a media to do practice, or penance. If your body is going to die or weak then how can you go for further progress.

The procedure of transformation sometimes happens in a moment and sometime demands many lives. Sometime seeker can feel that inner progress is already started but for that completion he has no more time. It may happen in your life and you will have to leave your body. Bhagwan Buddha used word for this situation 'parmita'. Even Buddha had to take ten births to reach the state of enlightenment, or the state of Buddha. It is the state beyond bondages. Buddha had to pass from many species even through animal also like rabbit, elephant etc.

But, it is not compulsory for you. You can jump higher than Buddha. You are given the same or more capacity than Buddha. You have to recognise your capacity. You must understand your spontaneous, your power and your possibility.

Don't be discouraged. If transformation doesn't seem possible in your this life, you feel that your time is going to finish and the door is close now, you have to become ready for death. Then be ready to leave your body happily. Don't be worried. The time of death seems like dense darkness. But, it is not darkness really. It is only darkness of dawn. There is new light coming for you. New birth will give you new energy and new power immediately. You will get new brain, new body and new enthusiasm for the achievement of perfect spiritual life. It will happen itself due to your previous nature.

### **The death is like a dropping flower.**

The death of spiritual seeker is like drop downing flower. This death is a celebration. The life of wise person spread fragrance of spirituality and understanding in the world. His thought, his deeds, his vibrations and his words are like flowers. Flower spreads fragrance up to its last moment. And after drop downing it left some seeds for the world; which blossoms according to time of nature and keep continue to spread fragrance of wisdom in the world without expecting anything from you.

You are thankful or not for them it doesn't make difference for them. You condemn it or admire it. It doesn't make any difference. You plucked it or do not pay attention to it. It is never noticed. Flowers are happy with their beauty, their quality, their presence; it is enough for them, they never try to spread fragrance. They never try to show their beauty by themselves. Only their presence makes you happy and gives you fragrance. This is their nature.

There is no artificiality, no overacting, no effort, they are very simple and natural, and they are blossomed as well as drop down according to the

rule of nature. They surrender to existence. This way an enlightened person lives total and unconditional surrender towards existence.

Perhaps they take birth again though they live like a flower. They get new parents, new caretaker, new family and new field. They are brought up like new bud. Gradually they again start his *sadhna*. Live like a witness; remain indifferent between the caretaker and thorn and with the spreading of fragrance they drop down. Whenever seeds are there they come again and again. When seeds burnt out, they disappear from earth. People understand that they died. In fact it is worldly death, they enter in eternal world really and it is the state of salvation.

### **The death is a fertile chaste lady.**

Death is beautiful and blessed for spiritual seeker. Death is like a chaste woman. Who is ever fertile? She always gives birth to good progeny. The life finishes but death is never ending process. The new life is only possible due to death. That is why I have used slimly for death 'fertile women'.

Death is only the way for new life and rebirth. Even the incarnation of God also have to die for next incarnation and further work. An enlightened persons like Ram, Krishna, Buddha and Mahaveer also have accepted the death of body.

Shree Krishna has told in Geeta - "sambhavami yuge-yuge"; means, "I will come in every era." This way even enlightened person who obtain the state of godliness, if he wants to do work for the welfare of world he has to wear a human body and after some time according to demand of time when they want to play role differently they have to leave old body and they have to assume a different body. But the leaving of old body and assuming of different body, first they have to die as a part of his mysterious sport. Then only he can wear a new body.

According to the decided plan and time they invite death, wait for death and accept death. Without the process of death even god himself can't take rebirth. This way there is tremendous significant of death. Without death life is impossible. The new life depends upon the death. That is why everybody pays honour to death and admires it.

### **Death is a golden moment**

Death is a golden moment which comes only one time in life. It is loyal in real scenes. It may be that life becomes disloyal with you. It may life leaves you at anytime alone. But you are never left by death.

When life is not ready to support you, immediately death comes to take you like a real lover. Everybody loves your money, your power, your beauty. But death really loves you. It is related with your soul and your liberation. Death makes your soul free from all worthless things.

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## **Death is the holy gift from God**

You should not consider death as danger or horrible. One should consider the moment of death as precious and pious gift from God. Your heart should be gratified with thankfulness. You have to pay respect of that moment either it may yours, others or your relative's.

You accept the moment of death as a compulsion of birth. If you want to go far from death or you are afraid of death or not ready to encounter of death then you are repulsing the compassion of God.

The death is destiny of every living being sooner or later. It happens as a rule of nature. It is the cycle; there are two parts of this cycle – birth and death. When both are worked then and then world remain continue.

One wheeler bicycle can run only in circus but it is only for some moments. But, circus of God has been running from millions of years. It is ever changing and new moment to moment. Birth and death are like two wheels of that cycle. Due to these two wheels it gives us message that every moment some old passes away and it comes again with a new form.

Birth and death seems separate. But in fact, no body could make them separate. They are non separable. If you take birth, then you have to die. These are two sides of a coin. If you never want to die then first you have to be free from the bondage of birth. Because whenever you wear a body, you have to die at least once. **It may become late for you by your spiritual awareness.** Aware and integrated efforts and your state of beyond wanting, it is not impossible but not easy also.

You also understand clearly that you and your body seems one though separate from each other. You are not body and body is not you. You have been put on body as a male, female, a base, a lofty, a beautiful and an ugly. But, you are not that. Your appearance or caste or designation or nationality is only recognition of you. Due to your body, you are recognising worldly. But, remember! You really reside in it. Due to that residing, people intro you as body. It is your external introduction. It is your physical address.

You are safe with your body, for some years. Like a body remains safe with clothes for some time. That is why Geeta has interpreted the moment of birth and death is the procedure of changing clothes. This way, the death means the procedure to put off old body and birth means the procedure of wearing of new body for an ordinary people. But, ordinary people can't understand this fact.

When your house becomes old then you renovate it but renovation is not possible then you become ready to disperse it. This way when body becomes old and maintenance or renovation is not possible by medicine, operation or even by surgery. In this condition, process of death is arranged by God or existence. And it makes you disperse from your body. It makes you free from the paler, painful and piteous condition of body. Very old and helpless body is as curse and it is meaningless also.

Death is not horrible in this condition. But, this condition is really horrible and serious. Feeble and very weak body should be demolished. Any body wants to be free from such piteous condition and urge for death willingly or unwillingly because there is no other way to live more. Everybody does not have power to remain witnessing that he can be the witness of pain of body, helplessness and he is avoiding condition.

In such condition, death is a blessing; death makes you free from old, painful, and helpless body. You have to say to God at the time of death, "O God! Thanks, many many thanks, very sweet of you, very nice of you for this precious gift of death. This way you cut my painful bondage, saved me from miserable condition, and made me free for some new, fresh or salvation.

### **Death is the door to salvation**

The moment of death is very innocent, it has not to do anything with you, any special or purposefully. It is the principle of nature. It has to play its role according to time and some secrete order. You have to be ready according to certain indications and time. You should not consider death as your enemy. You have to welcome it as your helpful friend. It is a part of your life and opportunity for next and better life.

Never say that the death is terrific. Don't consider it as a curse; you must understand that it is the door of salvation. If you are aware, you are spiritual and you are able then it can bring you beyond death, beyond birth, beyond oldness and every pain. The death is a first step of your wellbeing. If you can understand the significance of death then you can never be afraid of death.

There are two actions possible by only one entrance, outgoing and incoming, through the door of death you can go either or. If you are desirous for worldly things or you want to come on earth for any pious purpose or welfare deeds, then death makes way open for you to take new birth for your desires or completion of intentions.

You can come on earth with new energy, new body and new appearance. You can enjoy your new life once again according to your wish, your own way. Suppose you are fully aware at the time of death, your all desires are vanquished then the moment of death becomes a great celebration of you because after that moment you can rest permanently without any burden and bondages, without any worry, without any tension, without any stress and without any pain of birth and death.

If you are free from all desires then going to leave your body with consciousness, then the moment of death brings you up to your very aim. It is your last and final station. That is why you have to think that the arrangement of God or the rule of nature or the process of death of body is ultimately beneficial for you.

To come again and again on earth, to do your work and enjoyment of new life or go beyond birth or death permanently, it is in your hand. Finally, you are your God according to the ultimate philosophy. If you are aware, if you are only watcher of world there is no feeling of doer in your heart, even

though, you want to take birth for the wellbeing of the world, then it doesn't become bondage for you. It remains only like sport for you but your presence become beneficial for the earth. Due to your awareness, watchfulness, and non-doer feeling, whenever you want to stop your journey you can stop that by the power of your strong desire to leave your body. This is such achievement, where death has to follow you. To me, these both stages are the state of salvation. The great Indian king Janak Videha had that spiritual capacity and achievement.

I mean to say that if you are ready to live awarely every moment, what ever you do, do with consciousness and don't suffer from the feeling of doer or ego, then birth and death can't affect you. But, for the achievement of this state, the meditation, *satsanga*, integrity, dedication for goal, conviction in self, and self-observation are needed.

### **Do hospitality of the moment of death**

You should do hospitality of the last moment of life. Death is not apart from life. It is a part of life. If you are not afraid of death then you have to remain ready to welcome it, to pay respect to it, to be ready to leave your body happily, it is the parameter of your consciousness and understanding about death.

If you have correct understanding about death, then you become ready to die without any fear, hesitation, and without any attachment of body or anything else. If you are really a spiritual person then you can accept easily the time of death. Welcome that time to merge in whole which is beyond death, ultimate and never dieing. It is like nectar which gives you life beyond life, life beyond death, and life beyond sorrow and pain of birth and death.

For this ultimate life, you should think that let the music of ordinary life is become mute to be a great melodious song.

You put trust on death like a loyal and beloved lover because it is only friend of yours', at your last moment of life. Death gives you permanent company and a chance for something new or salvation.

Generally, death comes in the old age. Due to old age body is suffered by different disease. Due to diseases body becomes weak, helpless and rotten. One has to live on others help and pity. Sometime one has to die every moment without death. He has to be insulted, sometime some old people become prey of hatred, due to irritating nature or pain or helplessness. They become burden for others, in this condition death is blessing. It is proved like a deep sleep of a patient, where body gets rest permanently. And old or ill person feels deep peace and silence. This way, death is redeemer of pain and sorrow.

Due to death you become free from old and feeble body. Due to death you get the opportunity for the new life, new wealth, new body, knowledge and the new path to know truth. So that, you consider death as a obligation or blessing or boon of God because it is the chance for down dropping flowers to come again in the existence.

Again and again I tell you, that the death is very precious gift from God. Do you ever think, suppose this natural facility would not on earth then what happen of human kind and others? How can one live with the pain of many diseases? How far one can leave in helpless conditions? How can live rotten and live skeleton on earth? How rotten and live skeleton may wonder on earth? If there is not facility of death from existence then the earth becomes hell. So many diseases and infections spread out on earth. Even healthy people can't remain able to live on the earth. Due to old age everybody remain ugly for ever here that is why you have to accept the time of death as a precious gift from God.

The natural arrangement of death may not on the earth, then how long an ill person survives on others mercy? How can they tolerate hatred and repulsion of others?

You must think about the fragility of your body. Due to this thinking you can remain detached from the attraction and possession of your body.

What happens to human being if he would have not got the gift of death from God? Do you ever think about this? Without death, life becomes worst in its last part and you remain uglier forever, it may happen with others also. And surrounding of you all may be old, like old people, old thinking, old tradition, customs and systems, and families are also old. That is why I say that there is no possibility of any new birth without death.

The death is rest for a while for an ordinary people. They take new birth after some time in different forms and for enlightened person it works as a full stop. The travelling of birth and death is in the hand of seeker, means the birth and death both you can achieve according to your wish if you enter in the mysterious world of *sadhana*. This is not only my experience but other enlightened person's also.

The moment of death is the last *aahuti* (the pious and offering things of sacrifice) of the sacrifice of life. When the moment of death also adds in that sacrifice of life then and then the sacrifice will be complete. Without this, the sacrifice of life remains incomplete.

At least for the perfect completion of your life you have to die happily. Offering of anything with half hearted for sacrifice to God or deity, it becomes fruitless. This way without the offering the last moment of life towards existence the sacrifice of whole life has gone in vain. But, generally people fail to live life at their last moment.

Why this happens to people? This happens to people due to the objectively attachment. This attachment is due to mind. The Indian philosophers have narrated this as *maya*. Due to the power of mind or power of illusion, you are not ready to leave your body or family or any other things easily. Though, you have to leave. You know very well that there is no way to cling with anything at the time of death. So that, you have to remain ready to leave everything, but you can't. Why? It happens due to your possession.

The mind becomes middler between you and salvation. It works as an obstacle. I tell you that be wise, live wisely, behave as a wise and leave body as a wise person.

There may be a question arise in your mind that what one should do to be wise?

Only he is wise, that who know clearly that according to time he has to leave his body. The mind is very fickle, it is ever disturbing and the cause of pain and sorrow and birth and death. The leaving of the body is an external and physical process. Though, it is subtle. But, mind is more subtle than death.

After the death the body is burnt out but mind remain same. Then the mental body again and again becomes the cause of birth and death. Means, the death of physical body is not enough whenever mental body lives. The mental body brings you here again and again.

The death is taken if you don't want to die again and again then first of all you have to burn your mind, you have to set fire on your mental body with your wisdom and in front of your eyes. Once mind is turned to ashes then nothing remains for desires, for possessions, for attachments and for aversion or attraction.

Without the funeral of mind, the funeral of body is meaningless; by the burning desire of salvation (*mumuksha*) when you celebrate the funeral ceremony of mind then death also becomes a great celebration as well as salvation for you.

Other people understand or not this secret or fact but if you achieve this state, then the moment of death becomes the last step for you to reach the realm of the God. If you are not puzzled by mind, don't rush with mind and don't doubt, then the God is very near to you after the awareness of death.

You can understand the truth of death through the others death. There is no need of your death. Death is like a best achiever. When it enters in other's body, he dies. In this way, it makes you understand about the fragileness of body, helplessness of life and power of it and the tinyness of human being.

Death makes you learn the philosophy of life that how to live and why to live. What should be the ultimate goal of life? And this is the real teaching of salvation.

If you have little but correct understanding and you are ready to see and think about truth of life, you have no habit of escaping or worthless argument then you can take turn towards salvation only by seeing the death of other's because it is very practical proof of death.

### **Without the victory over life you can't win death.**

The winning of life is automatically happens the winning of death and the winning of life means the victory over mind.

### **Conquer your self is greater than the conquering over the world.**

People can not conquer themselves, how can they conquer death, means the painful and worldly travelling?

With pure and spiritual understanding your mind is controlled naturally. When the disturbance of mind disappeared then death becomes the door of

salvation. But, without clear vision of life, with the real achievement of life you can't achieve real death. But, you should die compulsorily.

Once you achieve the skill of life then the death is the last stage of life for you. In this stage, you literally wait for death healthily. You invite death and you can encounter with it without any fear.

For ordinary people life is a puzzle and death also is a puzzle. Due to death they have to take new birth according to their deeds and unconscious desires. That is why, they are afraid of the death. They are not ready to go to unknown and they have already missed which was worthy to known.

If you go beyond mind by the power of *sadhana* and awareness then even bondage becomes freedom for you because only mind is the root cause of bondages, puzzles and liberation also.

Due to your watchfulness and consciousness when you reach beyond mind, you enter in no-mind state and there you experience the real life. This is the real art of living. You can't achieve this art by any readymade course or money.

You have to develop this art every moment with awareness, with the state of *yogi* and the witnessing towards every activities of mind by meditation. It is the real lesson of life. It is the learning of the real skill of life.

### **Death is a brighten ray**

The moment of death is like a very brighten ray. An ordinary person can't bear that light because it focuses on his past and present deeds. Due to that moment every thing about your past comes in front of your eyes, your deeds, which were done one by one during your life, are passed through your mind at the time of death. The blue print of your life is magnified in your mind due to the fear of death and desire of life.

You are preached during your life by interpretation of scriptures from Guru that get heaven as the fruit of good deeds and get hell as the result of bad deeds. The last moment of life means at the time of death these preaching throw light on your whole life. Suddenly, you become aware but, it is not real awareness. You become simply aware about your bad past or sins due to the created fear. But, it is meaningless. Because now you have no time, then you are afraid, you can't improve your past you have no chance. So, you try to escape from death, you try to escape from encounter of the reality. Meanwhile death comes and you close your eyes once again. But, it is not the permanent closing of the account of your life or unawareness.

If you remain aware at the time of death without any fear, you enter in the world of consciousness and transformed fully, be free from feeling of doer, you recognise yourself not as a worldly person but as pure, pious and immortal soul, and you die with this understanding, then you become a part of the brightened, great and all powerful God. You immerge with it for ever and stay in the whole as it. It is the state of salvation.

### **Death is the ambrosia**

Death is the ambrosia which gives you new life. If you have it with the true understanding then the pain of birth and death disappear. But, a rare

person of the world can achieve that ambrosia by his own effort. But, it is difficult to find easily. If you go to find it your own way you have to wonder too much. Sometimes after the effort of whole life you can't get it. If you want to achieve this mysterious knowledge easily, you have to surrender to a spiritual master. Your benevolent Guru is able to give you the vision to recognise the ambrosia means the great medicine which makes you free from the fear of death, means the pure wisdom, which gives you a life which is beyond death and birth.

### **Death is like the Lord Shiva**

It is the form of Rudra. He is the God of destruction. He destracts your all desires and lust. If you are clutched by lust or worldly desire then you can't face the power of him. He doesn't do anything though only by his presence your worthless things of life are started to demolish him-self like darkness is disappeared by the presence of the sun.

By the power of *sadhana*, when you become free from worldly desires and the fruits of deeds then he becomes the giver of ultimate peace, self contentment, never ending happiness and salvation.

There are some secretes notes of music of death. A seeker, who has achieved those notes he can tune himself subtly. Who gets control on those notes the death dies forever for this *sadhaka* and he becomes a real spiritual achiever.

Generally, people can't tune them even with themselves. They live in the world but can't tune even with world also. They are detuned with their life. So, how can they make themselves in tune with death?

We can't see any harmony in the life of common people. They cut their life in the absence of any melody or the music of joyfulness. They look desperate, gloomy, and lightless. There is no charm of life or no enthusiasm. They are not living their life. But, simply passing or killing their life. They are dragged by life. These people are not able to live perfectly or properly. So, how can they die peacefully?

People are so gloomy that they can't enjoy their life. They can't dance, can't sing or can't smile. They can create only disturbance and can spread only gloominess. They are smart to make detune everything. They can't see even other's progress or happiness. How can such people come in tune with death?

The death is crescendo of life. You have to achieve the capacity to reach up to those notes of music.

There is a word in the world of musicians - *riayas*. It has very vast and subtle meaning. *Riyas* means not only practice of tunes but the emerging with tunes, associates with tunes, dissolve with music and become the form of music.

One who emerges in the real life completely, he is never feared from death. Real life means the knowing of your reality and your reality is there. You are the fraction of God. Your very form is immortal. You are not killed and when you understand the truth that you are not killed then you can enjoy

even your death. You can admire death. You can welcome it because it gives you tremendous peace and liberation.

But, this understanding comes from your spiritual achievement, internal progress, complete consciousness and your steadfastness.

You should think that death is not as long as life. Death is momentary. But, life is limitless in real sense then it is proved by it-self that the life is greater truth than death.

In fact, there are two sides of one coin i.e. life and death. There is a highway of existence with two extreme. The beginning of that path we recognise as life and the extreme end of the life is recognises as death. If you turn from correct direction then it is difficult or impossible to reach properly at the second point of the path.

**A complete journey of life means live completely, happily and awarely. Die also willingly, happily and consciously.**

With the starting point of worldly journey (life), generally you don't start internal journey (spiritual life) simultaneously. That is why; the ending point of path (death) is looked darker because the beginning was not perfect.

### **The progress with insight is real life**

The manner of progress with insight is most important in human life. It is the real life. This sense gives you the proper direction and brings success to you. It is the real delight of life. The right gate is a beautiful song. It has great and beautiful music.

**One, who is not in the right direction of complete progress (externally and internally), is afraid of death.**

When you understand, the secret of real progressiveness, then only you can reach the salvation.

Without the correct understanding of this progressiveness even a sage, a chaste woman, a yogi or an indulger definitely go to downfall.

Life means not a long lifespan but living perfectly, consciously and contentedly. Let it be for short time.

Adya Shankaracharya and swami Vivekananda left their body in young age but they lived real life. They experienced properly the both polarity of the high way of life. You can see the satisfaction of life on their face in their pictures.

You can consider this progress as a spiritual progress, or, turn face towards God, or, recognise this state as complete awareness, or, total detachment with objective or material things.

This way death and life has two sides of a coin. Only the names are changed like head and tail but the coin remains the same. This way life is one but there are two sides of it. First side is life and the second is death.

Remember! By the changing of side, coin is not changed. Means, the moment of death can't be put in end.

The coin of life is always changing its sides and both sides come one by one with some new. It is the speciality of life. That sometimes looks beautiful and sometimes horrible.

People are used to change their clothes, crockery, furniture and sometime even relationship also. Why do we worry to change this house, which is in the form of body to get new body, new thoughts and new atmosphere?

### **There is no death**

We all are the form of pure absolute (brahma). There is no death; death can't do anything with our existing spirit. I tell you again and again, there is no death. It is only disintegration of body. There is nothing to die in this world. It is only transformation or change.

Due to the lack of understanding people recognise the disintegration of body as death, in fact, it is a transformation. Transformation means something new comes from the old in a totally different form.

The body which is seen is only a block. It is just shaping of five elements in certain proportion. They are pervading and omnipresent mysterious power gives you physical shape and enters in you to perform his mysterious sport.

This way you have to understand that you are not only a body. 'You' means a part of that mysterious power. According to its wish it itself enter in your physical body with new name and new form.

It not only enters in your body but in all existence, either animate or inanimate it work subtly. Due to the body He express variously what ever you are doing, is a part of its action if you understand.

When the body become useless and weak, there is a natural arrangement of its disintegration. The subtle procedure of disintegration of body is called death according to worldly people.

There are five signs of the nature of physical body. To be born, to be in existence, to grow, to be old and to get destroyed, now you can understand, your body is mortal and works only as instrument.

You have to understand, the tank of lantern is broken or fuel is not there or, the wick is burnt and darkness spread for a while, but it doesn't mean that light is disappeared from the world. The flame is disappeared temporary due to some reasons so light is not seen.

This way due to death the expressions of many things ends, which were expressed by body due to death. But you are means your real form means the subtle and mysterious spirit or power, which works in you, which is not destructed.

One should understand that in the evening the sun is not set. It will come the next days, then again it sets. Once again the time of evening and darkness of night comes and next day again the sun comes with new rays, new light and new enthusiasm. Our life also runs this way.

Who has not the capacity to understand this changing or don't have the ability to digest the philosophy of birth and death, only they cry at the time of death. They are blind spiritually.

A blind person considers the whole world as blind. He knows only one colour that is black. But, the world is not black. There are many colours; many beautiful scenes are there like the sun, the moon, stars, streams, trees

and flowers etc. If you have eyes then you can enjoy all these things, you can visualise on it with your closed eyes. But, a blind has not even capacity to visualise the nature. Even for correct visualisation of all these beautiful things, you have to see once in the life time.

Without sight, you can't have image or impression of anything in your memory. If there is no memory, how can you memorise certain things? This way, who has no vision to see the fact of death, he is subdued by anguish and sorrow at the time of death. He feels only darkness because he is blind. He has no vision to see the spiritual fact of death. He doesn't know any more than body about himself or other. He only understands the language of body as a blind person.

A blind understands only Braille script. There are many languages and various alphabets in the world like the language of different alphabets, the language of sign, the language of action, the language of eyes, the language of indications and many more. But, all are useless for a blind person. He never agrees with you for other languages except Braille due to his blindness.

This way, who are blind behind worldly things, they understand only about objective things. They have no capacity to think for anything spiritually. They never accept the death easily. They behave like a blind at the time of death.

When, a blind gets clear vision though his condition remains piteous. He was crying before due to the lack of vision, now he is crying due to proper vision. In his past he missed many things due to his blindness that is why he is crying and now he understood the fact but time is already passed from his hand.

Dear disciples! Crying is not the way. Don't be too late that your precious time is passed due to your ignorance.

**Time is precious, life is more precious than time but the correct understanding is precious than both.**

Live your life with awareness, joy and spirituality. Start to accept proper things from today, from this moment. Let your blindness is operated by a spiritual surgeon (a real guru). Let it be little painful, let it look difficult. But, after all it is beneficial to you.

Don't remain blind for the life. A physical blind misses only two eyes, but one, who is spiritually blind misses many opportunity of salvation.

There are thousands of rays lightening in you. But due to your blindness you feel darkness, within or surround of you. Immediately become aware of it, recognise your real form. Be free from attraction and aversion. Then be free from the fear of death.

**Your real form is unborn, imperishable, intangible, and unchangeable.**

Your body is like a musical instrument. With the course of time it become old or crack though music is not vanished. A wise musician always loves music, he loves musical instrument also but not more than music.

Because he understands that music really resides in his heart not in any instrument.

A musician has to create music from instrument. Due to any instrument a real musician can realise his art and capacity. He fulfils his hobby with the playing of instrument. But, he understands that the instrument is not music, it is not only source of music.

The melody of music is expressed by the instrument but it is not only way. This way melody of music of God is expressed by your body. Even though it is only instrument, it is not only source. There are many other sources also to enjoy the music of God. If you are really a lover of music of God, then you have to say thanks to God, when body leave your company. You should not cry behind the destruction of body.

When your instrument becomes old, when it is not remain able to support you more then you have to leave it easily, with the feeling of thankfulness towards it. Like a wise musician without crying behind body, you try to set your tunes and notes once again with new atmosphere.

The life is like a fruitful tree. Where ever possible, this tree gives you fruits time to time. It gives you dense shadow to sleep. It gives you support through its trunk to rest. It gives you even its wood and many other things during its life span. But, when its life span comes to end then if you feel that now it is broken, it is rotten, it is useless; it is not fair. It is not fact. Even after cutting or breaking it is there in its subtle form. It leaves many seeds there. It never can be finished, because it is present with subtle form in these seeds. There is possibility of many new trees come again from those seeds.

This way one, who leave the seeds of desires here he has to come again with new form.

### **You are like an ocean**

Suppose the seeds of desires are not there even though you are imperishable. Even without the coming and going on the earth, you reside in the existence permanently. Your very form is indestructible. Let it remained beyond manifestation or incomprehensible though you are there forever. It is the doctrine of nature, which governs over all. The world of matter is different than the world of soul.

The world of spirit is transcendental, integrated and subtle phenomenon. It is not the subject of controversies; it is formulated by the body.

Your real form is like a huge flow of that original source. It never dries. A small drop or a small stream is dried but a giant flow of river Ganges or Nile never dries. They all meet this ocean in the end.

Even a small drop of water or a small stream of water after the process of evaporation, transform as a steam, then takes shape as a cloud and by the process of raining; it again meets its real source. Means, it associates with the ocean. This way, every entity meets finally with the supreme power.

You are like a wave of ocean; you always remain with ocean directly or indirectly. Nobody can separate you from it.

### **Truth never dies**

Your real form is like a truth. The truth never dies with the death of insister of truth (*satyagrahi*). The truth is the power of *satyagrahi*. The truth is universal. The simile of *satyagrahi* is used here for body and mind, and truth is the simile of the soul. The truth is expressed by the human body. But, the end of body can not affect truth. *Satyagrahis* keeps coming and going. This way, the truth remains here for ever; it is spread here by one or other *satyagrahi*.

This way the power of soul irradiates one or another way. It is expressed by the liveliness of our body or others. The form of soul is non-cleavable (*achchedya*) by any weapons or instruments, it never dies. That is why, I tell you often that the realisation of self, is the salvation.

The salvation is not like a thing which you get after death.

You should always remember that by the destruction of an old structure, the sky and the earth are not destroyed. Your real form is vast like the sky and capable more than the earth. It is imperishable and unchanging. Now think, how can you die with the destruction of the old structure of the body.

### **You are original**

Our saints make us understand that due to death the visible body isimmerged with the formless. Which you can see, perceive and touch, is called material form or physical form. When your body dies your power merges with the spiritual power but these powers always remain invisible. You can only experience that by insight not through senses, it is called formless or the original.

Any ornament or vessel of metal is broken though the metal remains same. Only shape is changed. This way, the real or original never dies. Only the form or shape is changed but reality remains forever. Your original form is subtle, incombustible, and indrenchable.

### **You are not chariot but a charioteer**

The body is a chariot. The chariot may break. It can be broken but the breaking of chariot is not proved the death of charioteer.

With the course of time, due to fatigue, stress, with the tension of life or due to any disease your body may die. But, your soul is like a charioteer by the sense of charioteer the chariot of body was running. But, when chariot of body feels tired, then the charioteer comes down from the chariot. This way the soul comes out from body at the end.

Your body is like a pot. A potter never cries on the breaking of a pot of clay because he is an artist. He loves his art; he loves pots, which is created by him. But, he knows very well that breaking is its destiny. He has art and capacity to make many pots, similarly your real form has a tremendous capacity to create some new, some beautiful and some extraordinary either in this life or next. You are not hopeless, you should not cry for your death, or, death of your beloved.

### **You are like the great sky**

When you construct a higher wall in the middle of your courtyard then it seems that sky is parted in two pieces. But, it is only illusion. No body can divide the sky.

The demands of body are like a wall. Due to this wall we can't see properly the vastness and wholeness of the sky. But, it doesn't mean the sky is divided. When the wall of demands is demolished, you can see the whole sky again. The illusion of partition of sky disappears and your real form again merges with sky and this way it transformed as great ether. The death is a natural opportunity to remove the wall.

This fact is not only for you, it is applied for every human being at the time of demolishing a wall; which is an obstacle to be a real, or, to meet your beloved God. You should not cry at the time of removing the wall, means the process of the leaving of body is beneficial for you spiritually.

An ignorant people cry variously and melancholy at the time of death. You are not only perishable body, your pure form is divine and powerful, you are pure absolute. It is like nectar because it only gives life never death.

You should be aware about your pure form, *amrit*. Upanishad says,  
*Vayam amrutasya putraha.....*

Our seers give us a pure vision about our real form. We are the son of imperishable, immortal, and indestructible. This state is beyond death. Don't remain ignorant. Don't cry at the time of death like a child or an ignorant person.

Your body is absolutely born to die. Even knowing this truth, why do you cry for mortal and agitate to leave a worthless thing for real? Why are you dieing every day behind destructible things?

You stay in body like fire stays in wood. We can't see that fire but it is there. Only wood is seen by us but the fire stays in it invisibly. This way, you are means your soul is invisibly stays in body. Others can see only your body but you are there in subtle form.

When you put a piece of wood in the fire place then it burns out. But the fire which was stayed in it is disappeared. The piece of wood burns due to its fire. But, its fire never fire with the piece of wood. This way, after the burning of your body, your pure form is not burnt. That is why the Geeta says—

***Nainam chindanti shastrani.....***

The form of soul is invulnerable, incombustible, untrenchable, intangible, and unborn.

You are the form of pure spirit. You are a form of pure spirit, *tatva*. This form is beyond death and birth. If you understand this truth practically and try to apply this in your day to day life then there is no need to seek for salvation because it is the state of salvation.

If you start to live with this fact then nobody can bound you and you are already free, and then no need to be free from anything. You are a king. If you remember this fact practically always then your mind can't make you slave. Mind remains there but it can't disturb you but helps you.

Now, you are totally freed liberated and happy with every situation. You can remain indifferent between birth and death, pain and pleasure, good and bad, mines and yours, and riches and poverty.

Now, death can't snatch away anything from you. It simply come and goes. According to the understanding of ordinary people you die with death but really the body is left because you are uncleavable.

To destruct, to be rotten or to parish is the nature of body. Not only of your body but it is the nature of all worldly things. It is the part of change. The world is ever changing. The changing is the rule of existence.

You must understand that to parish is very natural for body then you should accept that rule easily. Let it be died in its own way.

Simultaneously, you should always remember about your real form. So that, you remain free from the fear of the hell and the temptation of heaven. Be free from selfish preaching of so called Gurus and the heads of various sects. Prepare your own path for you and go on that happily with consciousness.

If you are a rational animal then first of all you have to be a rational human. Then understand your reality.

If you are really intellect then you have to put yourself in your first priority.

A temple, mosques etc. remain empty without human being. They are not for donkeys or buffalos. They are built for human beings only. It means that all religions, all sects and all religious places have come into existence for human beings.

Directly or indirectly you are the centre in *dharma*. If you are not there, who believes in God? Means the existence of God is there due to your existence.

Without human being on the earth, who construct temples? Who kept them safe? Here it is not the question of hindu, muslim, shikh or esai. I am trying to make you understand about the importance of human being, importance of human life, not the importance of the partition of religions.

A human being depart from his real form, is more dangerous than a partition of a country, partition of religion or the partition of any sect.

The partition of yourself means forgetting your real form is more harmful than any destruction. It is spiritual disaster. Forget everything but don't forget your real form.

Without self realisation, remembrance of your real form is not possible. That is why I tell you again and again don't believe anything. But experience the truth.

The experience of self realisation of others is not beneficial for you. Yes! It can help you little. Sometimes inspire you, push you, and promote you, towards the path of realisation. Even though, it is meaningless because the experience of real is indescribable completely.

If you want to start journey towards the path of truth you have to go for that path. But you have to walk on that path.

You have to take turn towards it from your routine life. You have to do perfect efforts to experience the truth. You have to reach up to your self. Only then you can take the experience of self realisation. Everybody has to take this experience once in a life time by all means, like awareness, *satsanga*, and meditation and so on.

Readymade knowledge can't help you on the path of salvation. The words of scriptures are meaningless whenever you have not experience of it. Going to religious places are worthless, unless you see the God which resides in you.

How can you judge that the preaching of your religious Guru is right or wrong? You should not listen them like a radio or tape recorder. You have to experiment that preaching on the base of truth, with the light of awareness and eyes of soul.

Without these three things you can't have the experience of salvation. You can't go beyond the attraction and attachment of body. You can't understand that the clinging with mortal is ultimately useless.

Remember you are immortal. The world is ever changing. There is nothing to vanish completely, after the great end complete destruction also. The regeneration and recollection is the rule of nature. Let it be recreated with new way and with new form. Don't be afraid of death and don't be afraid even of the destruction of whole.

We all are birds of the tree of the world. We are taking rest for a while on the different branches of the tree.

Make your atmosphere more beautiful with your dance, more pleasant with your songs, and more lively with your energetic present.

You have not come here for permanent staying. Whenever you stay here live joyfully and awarely, help other, be positive.

**A bird never possesses over any tree or branch. They never try to prove its right on any tree legally. They simply stay, live, develops and fly. They never cry for birds that were flown.**

Any of us go away from us by leaving of his body, we should not cry. The leaving of body sooner or later is the pre decided plan of existence.

Everybody knows this fact very well. Why do you cry for destiny? Death of any body should be taken as flying of a bird. It is just changing of place and form not whole destruction.

Due to their ignorance, people are suffering from 'I' and 'you', 'mine' and 'yours' but the fact is that only vital energy is flowing in everybody. Without this energy a person can't do anything. It is very powerful and pure. It is the root cause of the world and soul of all. It is experienced but intangible.

This energy is beyond the power of senses. All senses, body, mind, and intellect get power from it. Without this flow the all activities of the world are stopped. This is very live flow. The whole existence remains live with this. Any life is not possible without this flow.

When the flow of vital energy went from our body and turn out toward other form, then we recognise that condition as death.

The flow of vital energy is your real form. You must remember this thing always. You have to come out from illusion and attraction of body. If you live with this flow of energy every moment with awareness without the feeling of 'I' and 'you', or, 'mine' or 'yours', then you are living in the state of salvation.

But, most of the people forget about that divine flow. They only live with the body, mind and senses. They are deluded by them. They are in illusion that they are intelligent but they are duffer. They have forgotten their real address.

You are really intelligent when you remain aware of the source of your vital energy, which is flowing in you from uterus of mother till today.

But, you are not conscious about it. Your body works mechanically. This mechanism is also possible by that energy but you never think about it. You should take experience every moment that how wonderful is that flow?

You are aware about your beauty, your clothes, your circle, your girlfriend or boyfriend, your qualification, your chair, your money, your business but any of these is not eternal. Only the vital flow of energy is eternal. But, you are always interested in external things, worldly things, and material things.

Due to your material interest, you miss some divine and universal.

The very flow of vital energy gives you colour of your blood. It remains active in your heart, kidney, lungs, and brain. Your stomach and intestine could digest food due to the power of this flow. Your senses do work with the power of this energy. You can think properly, take proper decision in your favour, do your progress and enjoy everything because of the very source, which is active subtly in you and behind you continuously.

Some beautiful things like love and affection, fragrance and colours of flowers, springing of spring, raining of cloud, flowing of rivers and the colours of morning and evening etc. happens in the world and makes this earth more beautiful and precious because of the subtle flow of vital energy. This energy is flowing everywhere.

Always the only feeling of the 'I' and 'you' is ignorance. 'I' and 'you' or 'mine' and 'yours' is due to ego. It should not be used. The ego is root cause of every pains and problems.

When a person die then his feeling of 'I' and 'you', and 'yours' and 'mine', automatically disappears because all worldly entangles are created by ego. Death suddenly snatches everything away from you.

Beauty, body, money, power and family etc. are snatched away by death at once. Then there is no scope for ego. There is no chance for ego.

**Remember! Ego can't live without material things. Ego doesn't know anything about divinity, eternity or spirituality. If you enter in spiritual life ego disappears without any effort. Ego is always born by ignorance. It has no connection with wisdom; mostly it dies with the death of body.**

I wish that first you recognise your ego. Then behave only a watcher with the activity of ego. Don't go with it. You remain aware for your real form.

Pay attention to the flow of the vital energy which is eternal, unborn, and indestructible.

As much as you concentrate towards your real form, your ego becomes weak. The platform of ego is removed gradually by your conscious efforts.

Then, materialistic life seems poor in front of spiritual and divine life. In the stage of awareness, materials give you comfort but spirituality gives you more happiness and peace.

Now, everything runs with the control of clear and spiritual understanding. Then the feeling of doer of 'I' and 'you' or 'mine' and 'yours' is dropped, there ego disappeared completely. This is the proper way to vanish ego and it is only the way.

Let your ego die with the death of your desire and the power of consciousness. This is a nice way for the death of ego.

### **The death of ego is the dawn of salvation.**

I tell you once more that there is no death. It is only the process of disintegration of body. And the process of disintegration of body kills many things simultaneously.

**Ego always clings with body, caste, race, qualification, status, money, reputation, power etc. With the death of body the power of all these things are shattered.**

Beauty and body vanish due to death. Body and mind are related with the ego or power of particular race, family background, qualification background, political background, economical background or social background. But, death snatches everything in a moment.

Then, there is no place for ego. It has to drop. It becomes helpless because its stage is destructed by death.

I tell you that anything is left voluntarily with your spiritual understanding. It is real renunciation. And the first step to salvation.

### **Who am I?**

There may be a question arise in your mind that I am not a body, not senses, not five elements, not mind, not intellect, then who am I?

You are the latest version of the God.

**You are the very truth of existence. You are the form of sachidananda means the combination of truth, wisdom and delight.**

You are the stream of vital energy. You are the very essence of life. Due to that essence your life becomes possible to live. It is called spirit, soul, pure absolute etc. by our seers.

Don't miss anything in the dreamy condition. Why don't you keep awake? Why do you remain in deep sleep? Why do you behave unconsciously? The world is a dream; you are dreaming it with open eyes.

Due to your ignorance, you seem the world true. But, don't go with illusion. You are a sane person. Behave like a wise person. Your birth is only to be a wise. Live like a wise and leave your body in a wise style.

Come out from sleep and dreams. You have divine and tremendous capacity but due to the habit of dreaming means the habit of remaining either

in past or future, due to the habit of thinking about past or future means due to only thinking or planning to get failure in the path of truth.

**You are always busy either with your past or future. But, both are illusory and uncertain. Only present is true and useful. The truth is always related with present. That is why I am asking you to awake immediately.**

With your awaking every dream will dropped by itself and your truth comes in front of your eyes vulnerably, it is God, it is wisdom, it is the stage of enlightenment, it is the self-realisation and it is the salvation. It is real life and it is the death beyond death.

Why are you afraid of death? Many enlightened people have declared that you are immortal. They are not mad, they sacrifice their whole life to know this fact and after the experience of this truth, they described this for your spiritual well being.

You are the form of real knowledge and the form of the science, which is beyond science.

Till the science doesn't know practically that how a loaf transform as blood. From where the soul enter in the body and how it goes out? Why a child is innocent and elder is cunning? Which chemical works behind this thing? Why a woman has womb and a man doesn't?

So many unsolved questions are there, the modern science has no answers for these questions. Even scientists are fascinated by the mystery of God and many wonders of human body. Either they accept or not it is a different thing.

Albert Einstein has said that I am only media by which the invention of light discovered. I don't know how I invented it. This is the courtesy of real knower and great person.

That is why our seers' say that one who has experience is can't explain. After the experience one becomes silent. Who has no experience always talks about non-experiential things.

The truth is always non-expressible. Your real form is also beyond expression, beyond explanation, beyond narration and beyond description. You should never forget about this truth and your real form.

The human life is like a wish yielding tree. What ever you want, you can get easily through it. Be desirous for salvation. Don't wish for any poor, mortal, momentary or fragile thing.

Don't forget the significance of human body. You are really fortunate don't forget the power of this wish yielding tree. You should not stock the bitter and small fruits of the Neem tree, at the place of salvation, happiness and unbroken peace, by wishing from this tree.

The external world looks nice but clear vision it becomes bondage for you. The thing becomes bondage for you it means it is illusory. If you are conscious then the world become helpful in the path of salvation.

If you are unconscious then same world become the path of bondages. Without correct understanding and real knowing the tree of world is bitter like a tree of Neem. Your hunger is never satisfied with the fruit of the Neem

tree. Don't accumulate the bitter and low quality fruits. Use your wish yielding tree in the proper way. You are the very form of wisdom so that you can distinguish both trees.

You are the form of *Brahma* means the pure absolute and the form of *Perbrahma* also, means the supreme over all, because we have come from that biggest source.

The supreme power is like an ocean of nectar. There is absence of death. Even the shadow of death can't come near to it. You are the drop of that ocean.

But, you deteriorated with the company of wrong people and poisonous things. You spoil your life behind lust, attractions, aversion, ego, anger, anguish and arrogance etc. These are all vicious things, these brings you towards death.

To live under the effect of vices due to unawareness of death, and consciously with qualities of life.

Originally you are very high; your spirit is very powerful. You can reach up to zenith. You have come here to aware and make others aware. Don't live like a based, don't remain spiritually lay in your worldly life.

Let you are seemed with a form though you are formless. You are the support of whole world means you are the fraction of the God means you are the God subtly. That is why you support the whole world.

The God works through you, so you are the life of all. It is your capacity but with the company of fickle mind you behave like a lunatic. You forget your reality where you reside permanently, but due to insanity you forget your real dwelling. And fell into the ocean of birth and death.

Now, you are in middle of the ocean. It is difficult to reach to your real realm. You are helpless to go beyond this ocean except any merciful heart Guru or a compassionate spiritual master. Your Guru can help you as a wise sailor. If you surrender to him, he can rid you from the piteous condition.

If a master meets you then you can again realise that your form is always delighted and harmonious.

You can become a perfect knower by the grasping and absorbing of the teaching and truth of Guru. You can merge again in the ocean of joy and liberation.

Whether the death is non-winnable, nobody can conquer it. But, if you want to win it then start journey towards inside.

To peep into your internal world, you can see God is there. There is nothing except God. Dissolve yourself with Him.

When you become disappear by the dissolving yourself with the God, then to whom death will kill? Means death is defeated by your absorbing with God.

### **The completion of internal journey is the state of salvation.**

As a seeker you have to start this journey from this very moment and without missing any moment, it should be continued.

A real seeker's heart doesn't be contented by the seeing of immense sky from the small window. The form of God is very great and immense. The

capacity of senses is like a small window. How can a small window make you see the vast and tremendous form of sky?

Our Upanishad says,  
“Yato vacho nivartante  
Aprapya mansa saha.....”

Speech and mind become helpless to narrate the greatest form of God. One can not perceive the all pervaded God with his mind and senses.

The mind and senses work due to the indescribable power of God. People worship that with various names and forms though they don't completely absorbs with him because there are many walls. Like the wall of desires, the wall of attractions, and the wall of ego etc.

These are all barriers to meet God and obstacles to understand him. These obstacles are created by mind. Due to this, big sky is looked smaller. Great God is considered as idol.

When you demolish those walls, you can meet the God face to face. This happening doesn't happen outside of you but in your inside.

At the time of this spiritual meeting with God there is no possibility to remain two. You can't remain separate from God. You are already inseparable from him but due to the lack of wisdom and lack of experience you believe that you and God are separate.

When a drop merge with ocean the drop feels itself as oceanic. This way when you experience the power of God consciously, you feel godliness.

Without the true but subtle experience of God, no body can live with the quality of godliness.

The lightening of bulb proves that the light is there. When you feel fragrance then it is sure that some fragrance thing is around you. When a song bursts out from you then understand the music and poetry have born within you.

But, for this divine experience you have to remove all walls of worldly wants and material ambitions.

Moreover, it happens that the desire to destruct all walls is there, but you can't dare. You have been always failing for ego, for money and for power. Though, you are not aware.

You have to prepare your mind as a warrior but you can't. You are not real valiant, you are timid. There is always continuing a fight, a dual between you and your mind. The life is really a battlefield in this condition. There is always a war remain continue.

Sometime you have to fight for whole life with you, what a tragedy! There is a battle continued between your truth and your desires. It is going very silently. Though, you are going to prove yourself clever. In fact you are coward. You are well equipped but you have no courage to break those walls.

You are used to suffer for struggle. If there is no struggle you create struggle. It is the common drawback of human being. Are you addicted to the quarrel, anguish, pain and struggle? If it is true, then you are insane.

If you are sane, let walls and struggles be broken. Be prepare not only for the demolition of unwanted walls but even the destruction of those obstacles which are not giving you peace and you can't see clearly your inner sky.

Don't worry to leave all those bondages which play role as obstacle, in your spiritual progress. These may be even your home, family, or, all worldly security.

Crush all partitions with your own hands, with your courage. Do sincere and complete effort to be free from mentally and worldly bondages.

Be totally insecure willingly, don't worry about worldly statement, be rebellious, don't be a calculative, a calculative minded person never become rebellious, never become free from bondages, can never jump from barrier for freedom, peace, and liberation. He always compromise variously with situation in the name of social responsibility.

Be ready to jump from a small ditch to an ocean. Come out from dirty slums of mental games to under the open and fully sanitised sky. Take breath joyfully. Let every stress some, tension some, anxious and fearfulness be left.

Fly from painful worldly life to the holy sky of peace, delight, wisdom and satisfaction.

Many seers and an enlightened people have opened the secret of death variously. Go ahead to your spiritual journey with the trust in their words and firm determination.

Don't be suspicious there is no suspense behind life or death. Everything happens in front of your eyes. There is only need to open your eyes of soul. Isu, Mansur, Meera, Socrates and other have narrated as possible as about death and the spiritual significance of life according to their experience.

Now, don't cry, don't be afraid, and don't create fear of death in your heart or in others. Don't be stupid. You should not be foolish by the terrific rumour about death, which is spread by nonsense people.

Some people over here live like a prisoner. The prisoning is become their nature. They like prison-hood. They accept it and such people can't tolerate others freedom. We can see such people everywhere. Sometime they are seen with the mask of saint or sage, sometime with the mask of social worker and sometime with the mask of happy family.

A prisoner always likes that you also remain a prisoner with him. A gambler wants to make everybody as him. A drunkard likes that whole world should start drinking. Because they can do only that, they have no other capability or power. Why is it so? They do not like to live with a blot of an offender, gambler or drunkard that is why they like to make entire world like them. Then who will indicate to them. But they don't know that they are going to die.

People always want to make you like them. Even your father, mother, brother or husband can't bare your independency, your individual progress or your courage, your thinking and awareness.

They use to hide many things from you with the mask of love and responsibility. There are two reasons behind that. First, they don't want to open their bet to you because in fact there is nothing. They are totally empty. Even though, they want to keep you under their impression. This way they keep clutch over you for their personal interest.

The second reason is, they want to satisfy their ego under the good impression. Generally, they are cheaters, pretenders and hypocrites. Even though, they like to show themselves as Mr. clean, they create there impression in innocent minds that they are only well wisher and well doer of them. They show themselves as your redeemer or only lover.

In fact, they try to make other foolish but they are foolish. Though, they believe that they are only intelligent and smart. Indeed, they are cunning, not smart.

They want to impose their dream on you. Sometime they can't tolerate your overtaking. They are ignorant and envious also.

Even Buddha, Mahaveera, Mira, Tukaram and other enlightened people had faced the same critical situation. But, everybody is not like Buddha and Mahaveera. Sometime the attitude of kith and kin becomes more terrific than death. Sometime it can be dragged to suicide someone.

Sometime some so called kith and kin like to oblige you and sometime they are afraid of your demand. They have no courage to behave straightway. They can't live with you transparently and clearly.

You have not to behave like this even with your children. Remember! You are not owner of them, they have come on earth through it is different thing but not yours. Don't become possessive on them. They are not things. They are separate entity. You should not suppress them for their need of food and shelter. They are helpless in childhood at that time you have to give them simply love and take love from them. You have to take care of them parentally according to your capacity.

Generally, your child imitate you, it behave like you. If you are lie or hypocrite then it is dangerous for you and your child also. The main thing is that unwanted smartness creates obstacles in the path of salvation. Due to cunningness you can't live peacefully or even can't die with peace.

Remember! Every body come here with the different spontaneity and capacity. You must recognise that capacity in you and other. You have to grow in your own way.

The moment you recognise your spontaneity and ability it is new birth for you. The self-reorganisation is the part of *sadhana*. Your new life starts with the moment of self-awareness. Simultaneously, some worthless things die also. But, this dieing is beneficial, divine and auspicious.

This dieing is beyond death. Then you become free from death. When you become rebellious to hypocrisy, at very moment you have to encounter with the death of your slave-hood and then death of mind is possible gradually. You have won the first step.

The death of your slaver-hood is the death of your mind up to some extent. When your mind is vanished, immediately you are completely free from death because the mind is the cause of birth and death.

If you are really a spiritually seeker then declare boldly that now there is no fear of death in your heart. You declare that now death is not mysterious for you. You have already known the truth of death from enlightened person, and by your own experience and truthfulness. Now you should not remain idiot and don't behave like an ignorant.

If you want to learn something from an enlightened people then at least you learn that how to be free from ego? People make issue of ego step by step. Sometime some positive thing also can become issue for ego. Ego cling somewhere on the name of God, somewhere on the name of love and responsibility.

Death suddenly demolishes all types of ego. Without consciousness the performing rituals, chanting the holy name of the God and worshipping Him variously in the religious places are vain.

Due to ignorance of their real form, some people remain cheated by so called religious or spiritual activities and at the place of real understanding their ego increases day by day subtly.

Due to the death all types of ego are dropped. It is possible with the grace of Guru and by transformation also.

Death gives you one more opportunity to be aware with new birth and new atmosphere. At least at the cost of a life you become aware for your real form. If it happens in your life, you are in benefit.

You have to say 'thanks' to death because the pain of ego is generally incurable. Nobody can improve easily an egoistic person, only death can kill his ego.

An egoistic person knows everything about truth but doesn't know truth. He doesn't accept the truth due to his ego. Sometime he realise that he is wrong but, can't confess because of the suffering of ego.

Ego is like the addiction of opium. An addicted person of opium can't leave the addiction up to death. But, after death there is no way to have opium. This way the patient of ego becomes free from the addiction of ego only with his death.

Due to death every cause of ego is dropped. Nobody can cure you from the disease of ego, except a Guru. But, it happens in exceptional cases.

Due to your ego, you can't go in the feet of Guru. You want to change yourself but you are helpless. Your ego doesn't want to allow you to change. But, death immediately changes everything. That is why; you have to say thanks to God, for sending death.

As seeker you have to remain awake always. You must not miss a precious life due to ignorance and illusion. There is everything within you. Why do you wonder outside due to worldly attraction and attachment? Be free from even the attachment of your own body. The body, money and

power are not your final goal. Your body only works as a catalytic agent in your life. It is only media. Through that a vital energy flows.

You should not cry for this instrument. You have to flow with your real flow. Death gives you chance to be an independent flow of life and to merge with the greatest flow of energy. You consider death as a precious and divine gift from God as well as a deposit of existence. Whenever the existence wants to withdraw it, you have to return it happily.

You should not cry when the God comes to you for your help in the form of death. It is a subtle form of salvation.

If you develop this understanding then to reach to the state of salvation is not difficult for you.